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MARION COTILLARD GOES BAD

The Oscar winner makes her mark on Lady Macbeth. 18

Jets inch closer to an AFC playoff berth. 24

Mac Miller on battling addiction — and Trump. 20

DAD ACADEMY

Young New Yorkers are learning to be good fathers while growing up themselves. 4

BESS ADLER

CRUZ RISES IN IOWA

1 Republican presidential front-runner Donald Trump had a new target on Sunday, calling fellow White House contender Ted Cruz "a little bit of a maniac" as the senator surpassed him in an Iowa poll. Cruz's dogged pursuit of conservative Iowa voters has paid off in the form of a 10-point lead over Trump in the state, which has one of the earliest presidential contests. REUTERS

DEADLY SYRIAN STRIKES

2 Intense air and missile strikes on a school district and other areas in insurgent-held Damascus suburbs killed dozens of people on Sunday, including children, according to a monitoring group and local rescue workers. The Syrian Observatory for Human Rights said unidentified war planes hit the town of Douma, 10 miles northeast of the capital, and surface-to-surface missiles fired by the Syrian army also hit the surrounding areas, including Eastern Ghouta. The strikes killed at least two children and a school principal, it said. REUTERS

FACEBOOK VANDALIZED

3 Vandals have damaged a building housing Facebook's offices in Hamburg, smashing glass, throwing paint and spraying "Facebook dislike" on a wall, police in the northern German city said on Sunday. The overnight attack on the social networking group was carried out by a group of 15-20 people. REUTERS

7 THINGS YOU NEED TO KNOW

HARLEM HOLIDAY LIGHTS

7 A streetscape of the Harlem Holiday Lights on 125th Street in Harlem on Sunday night. The lights stretch along 125th Street from Fifth Avenue to Marginal Street.

MAIN PHOTO BY LENYON WHITAKER, ALL OTHER PHOTOS BY GETTY IMAGES

BRAZILIANS PROTEST

4 Thousands of Brazilians took to the streets of major cities on Sunday to demand President Dilma Rousseff's ouster, but the first nationwide protests since formal impeachment proceedings began were smaller than similar events earlier this year. Police did not provide official estimates, although television stations said there were about 6,000 in Sao Paulo and slightly fewer in Rio de Janeiro and Brasilia. REUTERS

NYC SUNDAY SHOOTINGS

5 A series of unrelated shootings around the city left three men in emergency rooms and at least one dead. A man was killed after he was shot multiple times in front of Bed-Stuy's Louis Armstrong Houses at around 12:30 a.m. A few minutes earlier, shots rang out in the Bronx, leaving a man with a leg wound. Hours later, another man was shot in the face a few miles away. He remains in critical condition. A third man was shot in the Bronx later in the morning, and was in stable condition after a bullet grazed his thigh. CHESTER SORIA

TERROR LIST FOR GUNS

6 In a loud push Sunday, Gov. Andrew Cuomo and Sen. Charles Schumer called on the federal government to help the state block individuals on the terror watch list from making legal gun purchases by having the terror list set as one of the criteria used in federal background checks in New York state. TRACY LEE

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Kaeron Reyes-Little, a LaGuardia Community College student and Fatherhood Academy alumni at school in Long Island City, Queens. BESS ADLER

Young men get crash course on fatherhood

The city hopes young men capitalize on a $2.1 million investment in CUNY Fatherhood Academy.

"Many of these guys are learning to be adults while they're parents."

Brooks

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@chestersoria
chester.soria@metro.us

The last thing Kaeron Reyes-Little wants is for his son Darius to repeat his mistakes, of which Reyes-Little said he had more than a few.

"The basic stereotype of young men of color in New York?" the 25-year-old said. "I was a very good example of that."

But a few close calls with law enforcement and school authorities didn't prepare Reyes-Little for his biggest challenge yet: being a teenage dad. He dropped out of school at 17 and, having grown up without his own father, said he began focus exclusively on his son's well-being.

It's a challenge many of the young men who step have stepped into classrooms organized by the CUNY Fatherhood Academy have come to grips with since the program launched in 2013. Even more of them will get to do the same as the de Blasio administration announced a total $2.1 million investment into the initiative.

That means the program will grow outside of its home in LaGuardia Community College in Long Island City and offer its services to young fathers between the ages of 18 and 25 at the South Bronx's Hostos Community College and Kingsborough Community College in Brooklyn.

"Many of these guys are learning to be adults while they're parents," said Raheem Brooks, the program's coordinator. "They're basically learning on the job."

The free, four-month workshop has participants inside a college classroom three days a week, with each father getting a crash course designed to push their educations and parenting skills.

Many of the students are able to pursue their GED, while other get a hand with college applications and financial aid to pursue higher studies. They also learn how to change diapers.

Having dropped out at 17, Reyes-Little did odd jobs to pay for his son's needs. He managed to get a GED on his own, but pursued the academy after he heard one piece of advice.

"This whole time I felt like my life is over after having a kid, and that I should just do what I can to take care of him," he said. "But then I realized I can give him a better life and make sure he's okay by also taking care of myself."

Deputy Mayor Richard Buery praised the Fatherhood Academy's work when he joined students to celebrate the city's investment. He told Metro New York that investment and confidence in the program's ability to reach young men of color is reflective of the fathers' own willingness to ask for help.

"The normal narrative is that they not show vulnerability, don't ask for help — that's not being a man," Buery said. "These young men are really defining what it means to be a man, to stand up and say, 'I want to be a better father.'"

"It's hard — there's no rubric," he added, "but these young men are getting something really any father can benefit from. They are trying, and we have to meet with them halfway. It's our loss when we don't answer their call."

The de Blasio administration pointed to a series of successes over the year for academy participants, including a 61 percent average pass rate for high school equivalency exams — higher than the statewide 56 percent.

Even so, Brooks readily admits not everyone passes the program, nor is the program necessarily for everyone. After a rigorous screening process and weeks of workshops, some young men come back to retake exams and see gradual improvement.

"Each person has their version of success," he said. "Some just want to pass a test, or be a part of a graduation ceremony, or find employment or go to college. You come in here with one goal and often come out with something else."

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Help Metro make magic

Please donate to the Metro Magic annual holiday toy drive during the 2015 holiday season.
In keeping with the holiday spirit of giving, Metro is once again launching Tony's Metro Magic, our annual toy drive for underprivileged children in Boston, New York and Philadelphia.

This year marks the seventh anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor-in-chief. Metcalf passed away in 2013 from colon cancer at the age of 50.

Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It is our goal to keep that magic alive. We are now asking readers to contribute what they can to Tony's Metro Magic.

Metro has created a wish list at the Target website that readers can access by going to www.metro.us and clicking on the Tony's Metro Magic logo.

From there, just choose the toys you wish to donate, pay online using Target's secure payment system. Your gifts, along with your name attached, will be delivered to Metro's offices in each city.

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AG wants to test your Internet speeds

State Attorney General Eric Schneiderman's request follows on his office's letter asking service providers to prove they provide the services they promise.

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Weeks after he asked Internet service providers to prove their speeds are up to snuff, New York Attorney General Eric Schneiderman wants New Yorkers to send over their own evidence.

Schneiderman's office launched an online survey on Sunday asking internet service customers to measure just how fast their connections are.

The Attorney General's office sends users to a website designed to test the speed with which their home internet connection actually reach content, allowing them to see if they're getting what they pay for.

"Too many of us may be paying for one thing and getting another," Schneiderman said in a statement on Sunday.

The survey walks respondents through the test and asks that they provide basic information about themselves, which may be used in legal proceedings if Schneiderman pursues action against local providers.

In late October, Schneiderman's reached out to Time Warner, Verizon and Cablevision and asked each company for proof of their practices since January 2011.

Verizon, in particular, has been in local leaders' crosshairs over what lawmakers argued was a failure in a 10-year commitment to pass fiber optic, high-speed broadband cables through all residential households across the boroughs.

In September, city Comptroller Scott Stringer reported about 74 percent of households across the city have broadband Internet, with about 813,000 New Yorkers left without any access at home.

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NYC winter heat wave to cool off as wet weather creeps in

GETTY IMAGES

Record highs temperatures could continue through Tuesday before rain and wind reminds everyone it's actually December.

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The weekend's unseasonably warm weather will stick around till Tuesday, but will come with some darkened skies.

New Yorkers hit the streets in shorts and sandals amid record-breaking high temperatures that hit 66 degrees in Central Park.

The last recorded high for mid December was 64 degrees — in 1923.

The National Weather Service's forecast for Monday would keep with the weekend weather thanks to clear skies and sunshine, reaching up to 63 degrees, albeit with the threat of rain throughout the day.

The wet weather keeps up through the night, with a possible thunderstorm before clearing out by Tuesday morning.

Rain won't likely be a factor as a cold front begins to push through. Another high of 64 degrees through the end of Tuesday, and storms are likely to be replaced with wind gusts that could reach as strong as 40 mph.

Wednesday's temperatures drop back down to a high of 53 degrees, but is expected to stay sunny and clear.

The clouds make a comeback by Thursday, with a few inches of rain expected as the mercury hits a high of 57 degrees.

The upcoming weekend won't be as warm as the previous one, but Friday, Saturday and Sunday are likely to be mostly sunny and breeze, with a projected high of 51 by the week's end.

Both Saturday and Sunday, however, should sink to 42-degree temperatures with a seasonal breeze.

NOTICE OF PUBLIC HEARING

Notice is hereby given that, pursuant to the New York City Health and Hospitals Corporation Act, MCK, UNCONSOLIDATED LAWS, SECTION 7385.6, the NYC Health + Hospitals Board will hold a

PUBLIC HEARING
Tuesday, January 5, 2016 - 6:00 PM

METROPOLITAN HOSPITAL CENTER
1901 First Avenue – 6th floor Auditorium
New York, New York 10029

concerning the proposed long-term lease between the NYC Health + Hospitals and SKA Marin or an affiliate for the development on the site, measuring approximately 105,682 SF or 2.426 acres of the currently vacant Draper Hall at 1918 First Avenue just south of East 99th Street previously used by NYC Health + Hospitals | Metropolitan as a nurses residence that is currently being converted to housing for low income elderly and disabled persons so that same site may also be used to construct an additional building of approximately 135,635 square feet to provide affordable housing for families and individuals.

Speakers are asked to register in advance for an assigned speaking time of five minutes by writing or calling:

Ms. Patricia Lockhart, Secretary to the Corporation
NYC Health + Hospitals
125 Worth Street, Room 519, New York, NY 10013
Telephone: 212 788-3360

Advance Registration Deadline: Monday, January 4, 2016

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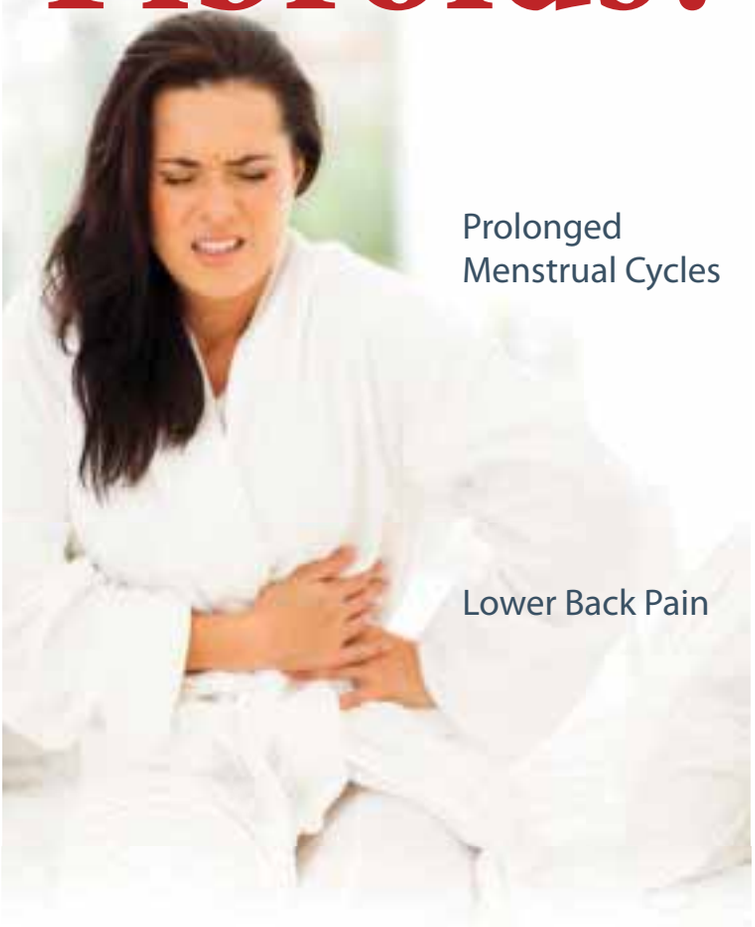

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New MetroCard tax benefit launches on Jan. 1

CHESTER SORIA/METRO

Thousands of strap-hangers across the five boroughs could save hundreds on their MetroCard purchases come the new year.

In two weeks, a local law passed by the City Council in 2014 will require any business in New York City with more than 20 workers to let employees pay cover transit expense with pre-tax money.

The program takes advantage of a federal that has operated voluntarily and lets riders spend up to $130 in tax-free income a month for mass transit expenses.

In New York, that means bus and subway, Metro-North and Long Island Railroad riders can all qualify for what advocates project said can save commuters up to $443 a year on monthly MetroCards.

When the federal government opens up opportunities like this, local governments like ours should take advantage," said Manhattan City Councilman Dan Garodnick, who ushered the bill through, at Union Square on Sunday. "This will be a real boon for New Yorkers."

An estimated 450,000 people who work in New York City will now be eligible for the benefit. Employers then either offer their workers a prepaid card or a debit card only usable at MTA vending machines.

Any employee — whether they live in the city but work for a company based in the boroughs — who believes they are eligible and are not receiving the benefit can file a complaint with the Department of Consumer Affairs.

"We always give an employer the opportunity to come into compliance," said Amit Bagga, deputy commissioner for the agency.

An earlier version of the bill would have extended the tax break to 605,000 New Yorkers, but supporters still said the bill can actually save companies about $103 a year per employee who takes part in the program.

"The law will only work if riders know about it," said Rebecca Bailin, campaign manager with advocacy group the Riders Alliance. "That's why we're talking to riders and helping folks estimate how much they can save with pre-tax transit benefits." CHESTER SORIA

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PUBLIC HEARING
Thursday, January 7, 2016 - 6:00 PM

WOODHULL MEDICAL AND MENTAL HEALTH CENTER
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concerning the proposed lease by the NYC Health + Hospitals to Comunilife, Inc. of a 13,225 square foot parcel of land on the grounds of NYC Health + Hospitals | Woodhull currently being used as a parking lot for EMS vehicles. The land is to be developed with a building of approximately 53,000 square feet to house adults with persistent mental illness who have been determined suitable to reside independently, as well as low income adults who qualify under the Low Income Housing Tax Credit program.

Speakers are asked to register in advance for an assigned speaking time of five minutes by writing or calling:

Ms. Patricia Lockhart, Secretary to the Corporation
NYC Health + Hospitals
125 Worth Street, Room 519, New York, NY 10013
Telephone: 212 788-3360

Advance Registration Deadline: Wednesday, January 6, 2016

Limited interpreter and American Sign Language services are available upon request in advance of registration deadline date ONLY.

In-person registration at the hearing site on 01/07 begins at 5:30 pm and closes at 6:30 pm

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Russia warns Turkey over Aegean warship incident

The episode is likely to heighten tensions between the two nations who are seriously at odds over Syria and the Turkish shooting down of a Russian military jet last month.

Russian President Vladimir Putin GETTY IMAGES

Russia on Sunday warned Turkey to stop staging what it called provocations against its forces in or near Syria after one of its warships fired warning shots at a Turkish vessel in the Aegean to avoid a collision.

The Russian Defense Ministry said one of its warships, the destroyer Smetlivy, had been forced to fire the warning shots on Sunday morning and that it had summoned the Turkish military attache over the incident.

"The Turkish military diplomat was given a tough explanation about the potentially disastrous consequences from Ankara's reckless actions towards Russia's military contingent fighting against international terrorism in Syria," the Defense Ministry said in a statement.

"In particular, our deep concerns about more Turkish provocations toward the Russian destroyer Smetlivy were conveyed."

Earlier on Sunday, the ministry said that the Turkish fishing vessel failed to respond to Smetlivy's warnings and changed course sharply only after shots were fired before passing within just over 500 meters of the warship.

"Only by luck was tragedy avoided," the ministry said.

Turkish Foreign Minister Mevlut Cavusoglu, who was in Rome for talks on Libya, said Ankara was investigating the matter and would make a statement once it had more information.

He also reiterated Turkey's position that it wanted to resolve its difficulties with Russia. "We want to solve the tension with dialogue," he said, in comments broadcast by TRT Turk.

Russian President Vladimir Putin, who called the downing of the plane a "stab in the back," has since imposed economic sanctions on Turkey as a retaliatory measure.

Earlier this month, Turkey complained to Russia over an incident in which a Russian sailor was pictured brandishing a rocket launcher on the deck of a naval ship passing through Istanbul. REUTERS

North Texas college student with ax shot dead by police

A police officer at the University of North Texas shot and killed an ax-wielding student suspected of knocking out car windows early on Sunday morning.

A university police officer responded to reports of the vandalism and encountered a white male suspect, who advanced toward him with the ax and was shot, President Neal Smatresk said in a statement posted on Twitter and addressed to the university community.

No one else was hurt, he said.

The dead man was later identified by the Tarrant County medical examiner as Ryan McMillan, 21. He died at a hospital at 1:33 a.m MT according to the examiner's report.

University of North Texas TWITTER @ UNTNEWS

"This is a tragic event that saddens us as a university community," Smatresk wrote. "We offer our condolences to the individuals, their families and all involved."

Counseling is available to any student or employee in need, Smatresk said. The officer was placed on administrative leave pending further investigation, he added. REUTERS

STRAIGHT Talk

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Muslim-Americans struggle with the fallout from San Bernardino attack

President Obama asked Americans on Sunday to not turn against Muslims after the Paris and San Bernardino attacks, but rather work with the Muslim-American community in fighting homegrown extremism.

With tears in her eyes, Mohammad Halisi's young daughter asked her father, "Why are we bad?" after seeing reports that a Muslim couple killed 14 people in California last week, and wanted to know whether she should hide the fact she is Muslim from others at her school.

Recalling the conversation while choking back his own tears, the 61-year-old father said he felt frustrated that he and his family were being held responsible for the actions of people he branded "a couple of idiot terrorists."

"It's getting to a point where you have to hide who you are," Halisi said on Friday night at the Islamic Society of Corona-Norco mosque where leaders and law enforcement met to address negative perceptions of the Muslim community.

"Seven-year-old kids cannot say they're Muslims because of the bad atmosphere we have."

The mosque is just 25 miles from San Bernardino, where U.S.-born Syed Rizwan Farook, 28, and his Pakistani-born wife Tashfeen Malik, 29, opened fire on his co-workers last week in what the U.S. Federal Bureau of Investigation is treating as an act of terror.

Malik had pledged allegiance to Islamic State on Facebook around the time of the attack and the FBI believes the two had been radicalized for some time.

Unidentified men pray in a mosque during a Friday prayer service given by Imam Mohamed Almasmari at the Muslim Unity Center in Bloomfield Hills, Michigan. GETTY IMAGES

Muslim-Americans across the country have said they are worried about a backlash, as happened in the aftermath of the Sept. 11, 2001 attacks. A handful of incidents at mosques and a rash of anti-Muslim political rhetoric over the last week appear to be compounding their fears of growing Islamophobia.

On Friday, a fire burned the entrance to a mosque in Southern California's Coachella Valley, some 75 miles from San Bernardino. A 23-year-old man was arrested on suspicion of arson and for committing a hate crime, the Los Angeles Times reported.

A pig's head was thrown at a mosque in Philadelphia on Monday and a mosque in Jersey City, New Jersey, received a letter calling Muslims "evil" and telling them to "go back to the desert."

Several U.S. mosques this year have been subjected to protests by armed groups. On Saturday, a group of fewer than 10 people, some wearing camouflage and rifles slung over their shoulders, stood outside a mosque in the Dallas suburb of Richardson and held signs and American flags, according to images and reports from local media. Republican presidential candidate Donald Trump ratcheted up the rhetoric on Monday by calling for a ban on Muslim immigrants, students and other travelers entering the country, provoking sharp rebukes across the U.S. political spectrum and from abroad. REUTERS

Merkel dismisses US request for more military help against ISIS

Chancellor Angela Merkel on Sunday brushed off what a German magazine said was a request from the United States to provide more military help in the fight against Islamic State.

"I believe Germany is fulfilling its part and we don't need to talk about new issues related to this question at the moment," Merkel told the ZDF broadcaster when asked about the Der Spiegel magazine report of the U.S. request.

Der Spiegel reported on Saturday that U.S. Defense Secretary Ashton Carter had sent a letter asking for a bigger military contribution from Germany, a week after parliament approved a plan to join the campaign in Syria.

A German Defense Ministry spokesman confirmed a letter had been received from the United States and its content was under consideration, giving no further details.

Der Spiegel said the letter did not make specific demands and was similar to requests sent to other U.S. partners. REUTERS

A Tornado aircraft takes off from the German army Bundeswehr air base in Jagel, northern Germany. GETTY IMAGES

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THOUSANDS of knee arthritis sufferers flock for this advanced medical treatment - How they relieve pain while you suffer

Knee Arthritis Pain: The Untold Story

Why patients come from all over the country for this knee arthritis pain treatment and why waiting drastically decreases your chance to live a pain free life again

OsteoRelief Institute is a medical clinic with multiple locations in New York City that has treated thousands of knee arthritis patients.
Here is what every knee arthritis sufferer should know about the best treatments and options available today. And why waiting drastically decreases your chances to live a pain free life again.

The information you are about to read can possibly save you from years and years of agonizing knee pain.
It might even keep you from getting total knee replacement surgery.
Please pay careful attention.
What you are about to read is a cutting-edge medical treatment... but it is NOT what it appears to be at first glance.
In fact, I'm going to have to ask for a bit of patience from you if you have already ***unsuccessfully*** tried any (or many) other knee arthritis pain treatments.
You see, many knee arthritis sufferers had already tried the treatment we are going to talk about and did not get the results they wanted. But I assure you there is something VERY DIFFERENT about the technology and the way we do this treatment that makes it much different.
And often gets results when many others have failed.
This is why patients come from all over the tri-state area

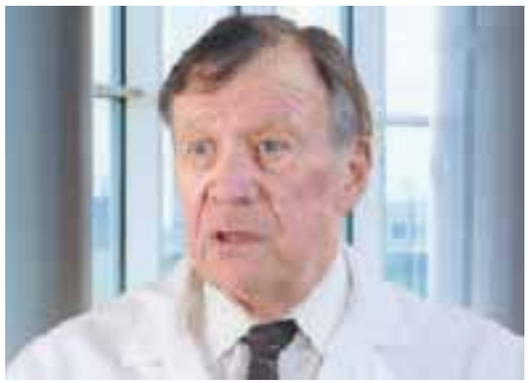
Pharmaceutical companies (with the help of scientists) can now make synovial fluid-like compounds that... during viscosupplementaiton treatments... doctors precisely inject directly into the knee joint. This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results CanBe Expected?
Like all medical treatments, the results vary and can not be predicted. In fact, it is impossible to predict results and there are no statistics proving what the "average" patients can expect. Everyone is individual and gets individual results - so we never tell anyone to expect the same results as any of our other patients. **But to be 100% clear -** many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

What Are Treatments Like?
Treatments are simple, fast and virtually painless. The total time of the procedure itself is only 10 minutes and most say it is like getting a flu shot. You walk out of the clinic just minutes after your procedure.

But There Is A BIG Problem
The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee joint and the treatment will

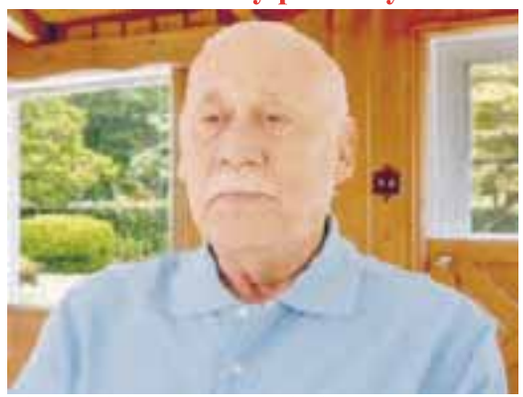
"I cannot ask for better results"



Dr. Stanley Weiner, M.D. - Surgeon

I had surgery scheduled last year. Three month before I made an appointment with OsteoRelief Institute. I was amazed at the ease with which I was evaluated and the treatment schedule implemented. **The results I had at OsteoRelief Institute were outstanding. I cannot ask for better results.** After the treatment I was able to go back to work with no discomfort at all. They use a digital monitor to locate the space that they use the treatment for and it's... it's like exact science.
Dr. Stanley Weiner

"I don't have any pain any more"



After I had the treatments... the last tuneup... I just

"Hey this feels terrific"

I was diagnoses bone on bone about 2 years ago I went to see an Orthopedic Surgeon and he said my knees were shot and I need to get them replaced. OsteoRelief said after looking at x-rays they could help. **That procedure is so basic so simple so quick in 15 minutes you are in and out**. I did both legs at once which is great. When I got up out of the chair I stood up and I said, ***"Hey this feels terrific."***

"I feel like a new woman - It's amazing."

and beyond to have their knee arthritis pain treated here.

Would You Like Instant Proof?

If you want instant proof - you can just look at all all the actual patient testimonials we have included. These patients were once skeptical just like you... and are now either pain free... or eliminated quite a bit of their pain.

Here's the most important thing: Many said they saw this information SEVERAL times before finally deciding to take action and give us a call. As you can see - they are happy they did. Once crippled with knee pain, they are playing golf again, dancing again, riding bikes again and going for long walks again.

But we do get one very common complaint.

And it is: "I wish I started this treatment much sooner."

Let's be very clear about this.

Time is the most precious thing. There is no way to slow it down - or get any back once it is gone. All the more reason for you to not suffer even one more second than you have to. Missing life suffering in pain is a tragedy. It's time for you to get rid of your knee pan and start living the life you want and deserve.

And please understand this: One of the keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you wait - the more damage to your knee and the more pain you will be in. If you wait too long, the entire knee joint will be degenerated and your ONLY option will be total knee replacement.

If you are suffering with knee arthritis pain, here is why you should act RIGHT NOW: When you have arthritis, you suffer a decrease in the lubricating fluids in your knee. In other words, your knee joints basically "dries up." The lubricating fluid that decreases is called "synovial fluid."

not work.

That's why the experts at OsteoReleif Institute use advanced digital imaging so they can see the injection going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without imaging miss the joint as much as 30% of the time.

If you had viscosupplementation without this special digital imaging without good results - this may be why.

That's why OsteoRelief Institute even takes it one step further. They do not just use one form of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different brands and chemical make-ups.

Just like all medications, some people respond better to some than others. While many doctors only use one brand, the experts at Osteorelief Institute use several and great effort is taken to figure out what the best one for YOU is.

What To Do Next If You Are In Pain: *Special Your Invitation*

OsteoRelief Institute offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Institute. For a complimentary screening, just call 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and there is no further obligation. Call 800-227-KNEE to schedule your screening. Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare. Call 800-227-5633 to schedule your screening.

go right to the golf course. I'm able to keep up with these guys who walk - I'm right next to them! My guys on the golf course would say Hey, look at this he doesn't need us to put the ball up any more.

When I'm playing on the course I don't have any pain any more I don't have any aches and pain. I'm out there playing!

"I feel like a new woman"

I came to the clinic because I was not sleeping at night. My leg was Pounding. There were times when I sat too long the knee would tighten up. I would get in pain and I would be miserable and I would have it for the whole night. **After the treatment I goof around with my grandchildren. I feel like a new woman.** It's great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed and go out. It was so gentle.

It got to the point where I couldn't stand up for a period of time and I knew something had to be done about it. You walk into the doctors office - he puts your leg in a machine - he shows you where he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the guys and myself we took a couple of rides out in the woods and we had a good time and ***I couldn't do that for years and now I'm able to do it again.***

The pain was excruciating like 24/7. Nothing I took over-the-counter would work so I knew it was something more serious.When I saw that my condition was not getting any better, I decided to do something about it and I immediately made an appointment - I went and started treatment. **The feeling of getting back to my dancing and my mobility is indescribable. I feel like a new woman - It's amazing.**

"I am ecstatic with the results of this procedure"

One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you are up and walking out the door. I am ecstatic with the results of this procedure because I could not run just weeks before. I ran my race without any issues. I felt good - it just opened a door that was closing.

"I Can Finally Live My Life"

Prior the the relief center I was taking (9:30) and I was becoming addicted to it and it was damaging my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. **Since going through the procedure I can finally live. I can finally live my life.**

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- ☑ Leg numbness or weakness
- ☑ Non-healing sores on your toes, feet or legs
- ☑ Coldness in your lower leg or foot
- ☑ Slower growth of your toenails
- ☑ Shiny Skin on your legs
- ☑ No pulse or a weak pulse in your legs or feet
- ☑ Erectile dysfunction in men

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FBI wraps up search of California lake for shooting clues

FBI divers search for evidence in the massacre in San Bernardino that may have been thrown into Seccombe Lake in San Bernardino, California. GETTY IMAGES

FBI divers have wrapped up a three-day search of a lakebed where authorities suspect a couple inspired by Islamic State dumped evidence linked to their massacre of 14 people, an official said on Sunday.

The divers have retrieved objects from Seccombe Lake, Laura Eimiller, a Federal Bureau of Investigation spokeswoman, said in an email. She declined to describe the objects or say whether they appeared to be tied to the mass shooting.

Since Thursday, divers have been searching the San Bernardino lake, in a public park, about 2.5 miles north of the site of the shooting.

U.S. officials have said their investigation has yet to turn up evidence that foreign militants directed Syed Rizwan Farook, 28, or Tashfeen Malik, 29, when the married pair stormed a holiday gathering of his co-workers at a regional center in San Bernardino on Dec. 2 and opened fire with assault rifles.

The couple shot dead 14 people and wounded more than 20 in a rampage the FBI said it was treating as an act of terrorism inspired by Islamic militants. If that is confirmed, it would be the most lethal such attack on U.S. soil since Sept. 11, 2001.

Farook, the U.S.-born son of Pakistani immigrants, and Malik, a Pakistani native he married last year in Saudi Arabia, were killed in a shootout with police hours after the assault in San Bernardino, 60 miles east of Los Angeles.

ABC News and other media have reported the FBI divers at the lake were looking for a computer hard drive that belonged to the couple, but Eimiller declined to confirm that.

The underwater search stemmed from leads indicating Farook and Malik had been in the vicinity of Seccombe Lake on the day of the killings, the FBI has said.

The FBI has said the couple declared they were acting on behalf of Islamic State. But FBI Director James Comey has said there was no evidence the militant group was aware of them prior to their attack. REUTERS

BRIEF

LA County sheriff vows thorough probe into shooting of black man

The Los Angeles County sheriff vowed on Sunday to thoroughly investigate the fatal shooting of a black man by policemen who said the suspect refused to drop his weapon, after a video posted online appeared to show him crawling away.

Two unidentified Los Angeles County Sheriff's Department deputies on Saturday killed Nicholas Robertson, a 28-year-old black man, in Lynwood, outside the city of Los Angeles, the sheriff's department said. Officers said he had failed to comply with orders to drop his gun when they confronted him in front of a busy gas station.

The shooting was the latest to draw attention at a time of heightened scrutiny in the United States over police use of lethal force against unarmed black people. Over the past year, protesters have taken to the streets across the country to demonstrate against the police. Most of the protests have been peaceful, but some have turned violent.

"We understand the significant community concern anytime the police are involved in the use of deadly force," County Sheriff Jim McDonnell said at a news conference.

Deputies responded after receiving several 911 calls about shots fired in the area, Steven Katz, an official with the sheriff's homicide division, said at the same news conference.

The sheriff's department also said it had witnesses who had seen the suspect turn and point a gun at the deputies before the shooting.

The deputies fired 33 shots at Robertson, who was pronounced dead at the scene, where a loaded handgun was recovered, Katz said. REUTERS

Taylor Swift has gone mad with trademarking power

Oh, Taylor Swift, you really need to calm down. The 25-year-old pop star decided to close out her banner year by trying to trademark a whole slew of terms, including "Blank space," "And I'll write your name," "a girl named Girl," Swiftmas" and … "1989." (Which leads me to wonder: How do you trademark a year?) Swift filed 20 trademark applications in all, but don't worry about them going through. Even if she's eventually successful, you can talk about the year 1989 without Swift's permission — unless you're referring to her album. I know her tour literally just ended and all, but should we be worried that Swift has too much free time on her hands?

ALL PHOTOS GETTY IMAGES

the word

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ned.ehrbar@metro.us

Jennifer Lawrence and Amy Schumer plan matching Golden Globes looks

They really are the best friends that ever were, apparently. When Jennifer Lawrence found herself up against pal Amy Schumer in this year's Golden Globes race, the "Joy" star took it as an opportunity for fun rather than a chance for competition to drive a wedge in their friendship. "We're going to try to figure out to wear the exact same thing. That's my mission. I really want us to wear the same thing," Lawrence tells E! News. "She's going to have to wear Dior. I'm just going to have to have Dior make two of whatever they're making for me." Simple enough! Because nothing says friendship like creating an unfair "who wore it better" scenario.

DAILY VIDEO

@SATURDAYNIGHTLIVE/YOUTUBE

'Star Wars' toy commercial

Hey, adult "Star Wars" fans who lined up at midnight on Force Friday to buy all the new toys tied to "The Force Awakens" a few months ago: "Saturday Night Live" is calling you out with this new parody commercial that puts actual kids excited to play with the new action figures alongside grown-up fans and collectors. You can reenact scenes from the movie or, as one big guy puts it, "leave them in the box and never touch them!"

James Cameron still cares about 'Avatar'

As we're just days away from the sixth anniversary of the release of "Avatar," James Cameron wants to remind you that those sequels he keeps threatening are totally still happening. Really. All three of them. "I'm in the process of doing another pass through all three scripts right now," he tells Entertainment Weekly.

And let's just say he's feeling a bit nervous about the whole thing. "Obviously, expectations are going to be very high on these films, especially on 'Avatar 2,' to make sure it wasn't just some big fluke the first time," he says. "So we've got to deliver. I've created a nice rod for my own back, so they say." Wait, who says that? I've never heard that expression before.

Elizabeth Olsen dumped her fiancé over the phone

Oh man, this is rough. Boyd Holbrook, former fiancé of "Avengers: Age of Ultron" star Elizabeth Olsen, apparently feels enough time has passed to vent about the demise of their relationship — a breakup neither had officially confirmed before. "On the same day that my best friend died, I got a call from my girl to tell me it was over," Holbrook tells Man of the World magazine, referring to the split as a "divorce," even. The one-two punch of Olsen's breakup call and friend David Armstrong's death led Holbrook to become "consumed with my own personal depression," he says, though he did eventually cheer himself up. "What happened over the course of the journey was that I started noticing the different types of trees," he says. "I started noticing beauty, the details." Oh. OK then.

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Marion Cotillard has a unique take on Lady Macbeth in the new film of "The Scottish Play." THE WEINSTEIN COMPANY

Did Marion Cotillard just humanize Lady Macbeth?

The Oscar-winner brings something new to Shakespeare's play.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

With the new film of "Macbeth," Marion Cotillard wasn't just worried about playing an iconic character. She was also nervous about being a French actor speaking Shakespeare.

But the Oscar-winner learned to find her own Lady Macbeth, opposite Michael Fassbender as the murderous Thane-turned-King. And she enjoyed it so much she's already reunited with her co-star and her director, Justin Kurzel, for a very different film: the big movie version of video game "Assassin's Creed."

How did you approach playing a character played by so many over the centuries?

When I started working on the role, I had this pressure that came from that fact that she's so iconic. Many actresses have done it before, brilliantly. I was like, "What am I going to do to not be compared with Judi Dench, for example, who reached absolute perfection?" As much as I loved her performance, I needed to get rid of her, because she was stuck in my brain.

How did you get over that?

I thought, "Justin is such an amazing director, I just need to put myself in his hands." His vision was very special, and it's very different from the Orson Welles one or the Roman Polanski one. Therefore my interpretation would be different, too. He wanted to find the intimacy between the two characters. He wanted to find the humanity.

GETTY IMAGES

Was Shakespeare something you studied back when you first started learning English?

We studied Shakespeare, but it was in French. I started learning English in school, but with French teachers. I really started learning English because I love this language, and I wanted to be able to express myself in it.

The first time I did an American movie was Tim Burton's film ["Big Fish," from 2003], and I struggled a lot on set. I wanted to be comfortable. I did a total immersion after that, in school. What really helped me improve my English was working on Michael Mann's movie "Public Enemies." I had a dialect coach and we worked for six months.

This is a Shakespeare movie that doesn't make the language primary. A lot of it is about watching them as they don't speak.

That's what happens in life: We're not talking all the time. You observe people. Sometimes you can learn a lot about someone by observing them when they're not talking. It's very interesting to watch the silence of a person, to watch the way they watch the world or other people. You learn a lot from that.

You've talked about having a hard time letting go of Edith Piaf when you made "La Vie en Rose." Did you have a hard time letting go of this one?

No. At the end of the day it could be hard, because the next day I would have a big scene and I'd have to work on it. But I've learned to enter a character and get out of it.

"Macbeth" for today

This is also about how brutal that period of time was for humanity. We like to think we've advanced over the centuries, but in other ways we haven't much at all.

We're less connected to the Earth, and we've created the illusion that money, power and owning things will lead us to happiness. The movie tells us if you don't face your fears and pain, if you try to cover this with violence or the illusion of power, it will lead you to madness. That's the same today. We're in a mad world where we cover our pain and fear by buying a new TV or buying a new dress, buying a new cellphone. It's just an illusion. It doesn't lead us to happiness.

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Economics 102

Adam McKay breaks down the financial crash for us normals in "The Big Short."

NED EHRBAR
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Adam McKay took on quite a task with "The Big Short" — translating Michael Lewis' chronicle of the finance world outsiders who discovered the coming housing crash that led to the economic disaster of 2008 and making it an entertaining film for folks who don't necessarily know what a LIBOR is. But he likes a challenge.

I walked out of this movie livid about the whole thing all over again.
Good.

Was your intention to revive that anger?
Our news media never really broke it down and explained it. If anything, they did a great job of, "Oh, it's just a housing crisis, whatever" — and that was it. This same news media has a lot of advertisements for banks that play during their shows, too. So I don't think it was ever really fully explained because if it was, I think you would have had the American people knowing exactly what we have to do as far as reform. And because it was never explained, no one really knows. They just know they hate the banks. Then they get tired, and they go to hating liberals or hating gays. It's that same cycle that gets repeated over and over again with every financial collapse, in which the people who don't understand start hating immigrants.

McKay
GETTY IMAGES

Do you think it's a good idea to make a movie with the goal of riling people up?
There's a bunch of goals with the movie. The number one goal is to get people excited about this world, because I think one of the biggest misunderstandings is that this world is boring. It's crazy we don't have economics and finance classes in public schools in high school. But yeah, that was the big goal — "this is exciting, this is pulse-pounding, this is stuff you can understand, people have lied to you by saying this is boring or too hard to know about." You can't tell this story without ending with kind of a sick feeling or getting angry. But I did know that I wanted the emotions to be changing. I wanted it to be fun sometimes, I wanted it to be intriguing, I wanted it to be emotional and then yes, in the end, tragic.

Having researched this, do you have a sense of what really started it?
There's a lot of different answers to that. In the '80s, a lot of emerging economies stepped up. Suddenly China started generating wealth, the Middle East got even wealthier, so all of a sudden, you have an extra 20 to 30 trillion dollars in play, and that's a lot of money that started swamping things. You mix that with Greenspan keeping interest rates low, so now everyone's looking for places to put that money. That's when Wall Street started developing all these exotic financial instruments. And then the lobbying efforts from the banks started, and I think when that happened that was it. They should outlaw lobbyists. That would fix a lot of things.

Christian Bale unravels fiscal malfeasance in "The Big Short." PARAMOUNT PICTURES

Recurring themes

A lot of this feels similar to the "We the Economy" series you worked on last year. Do you see any correlation between the two projects?
Without a doubt. Adam Davidson, our consultant on this movie, and I would just sit in my office and talk for hours about interest rates, about LIBOR rates, about how the Fed was created. We'd have these long discussions, and they were fascinating and I just loved it. And then I'd go read about it on my own and come back and sometimes I'd argue with him. He's a pro-free trade guy; I'm not and we'd argue about that. So that is where "We the Economy" came out of.

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Mac Miller turns the sound back on

The Pittsburgh-native rapper discusses moving past addiction, and messing with Donald Trump.

A.D. AMOROSI
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Mac Miller has a smart new album, "GO:OD AM," a new label deal (worth a reported $10 million) and a tour hitting the East Coast this week. When he says, "There's nothing wrong with fun," the 23-year-old knows what he's talking about, especially considering that this time last year, "fun was kind of rare."

The rapper, whose goofy track "Donald Trump" caused the Republican presidential candidate to call him a "dog" on Twitter, debuted in 2011 with the breezy, frat-boyish "Blue Slide Park." Miller's nasal voice and boyish concerns made him into a sillier Eminem from the start.

"It's great to have fun again," Mac Miller says of his new, cheerier album, "GO:OD AM." BRICK STOWELL

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"The old days were cool," says Miller, reminiscing about his hometown of Pittsburgh and his early work. "I was never that far from the comforts of home. Then again, you never want to be too comfortable."

Shutting out reality

But by the time Miller dropped his moodily atmospheric second album, 2013's "Watching Movies With the Sound Off," and 2014's dour mixtape "Faces," things got serious and sad for the rapper: He was addicted to promethazine and codeine, with depression and cocaine use following. "'Watching Movies' wasn't stuck in one emotion but was varied — very trippy and cerebral, a mix of party music and serious stuff I was going through," Miller says. "There were a lot of internal questions I had to answer." He answered them with "shutting out reality," staying depressed and staying high.

"It was killing me, so I got out of it all," says Miller about shifting gears from lots of drugs to no drugs. "I stopped being in denial about how bad it was, stopped thinking about what could be, and manned up. I trusted my gut and got better."

Making a change

He decided that being around more people — as opposed to the isolation and insularity of Los Angeles, where he was living at that point — was a key to getting healthy, so he moved to Brooklyn's Dumbo neighborhood this year. "I loved the West Coast, but Brooklyn's better. You can't hide," he says.

Recording "GO:OD AM" was an act of joy rather than drudgery. As usual, Miller's new album is without many guests — "It has to be organic; why spend the money otherwise?" — and refuses to force square pegs into round holes. He does still stay in touch with his one-time duet partner Ariana Grande, with whom he recorded "The Way" in 2013. "We're part of two different genres, but I'd love to figure out something with her," Miller says.

As for Trump, the subject of another of Miller's past singles, he doesn't care much for The Donald. "It's worrisome. I think [Trump's supporters] have a lot of growing to do. You can't be ignorant to reality."

Miller's reality is looking up. "The state of mind I was in when I made 'GO:OD AM' was definitely better, cheerier," he says. "My life had changed across the board, and I wanted to reflect the light at the end of the tunnel. You grow, and you get more confident. It's great to have fun again."

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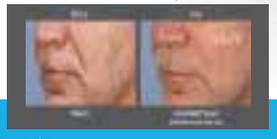

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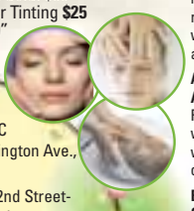

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HOW TO GET AHEAD

How to establish rapport

Want to communicate in order to get what you want? You need to master this art.

RAQUEL LANERI
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One of the most popular self-help books ever written is "How to Win Friends and Influence People" by Dale Carnegie, and, frankly, it's no wonder: Who doesn't want to will others into doing what one wants, whether through one's presence, words or sheer charisma?

Well, life coach Niurka — yes, just Niurka — says the key to such persuasiveness, and to one's empowerment, is communication, and an important component to that is rapport.

"Rapport is essential in all negotiations, because when there's rapport the decision-maker will want to work with you, even if you're not saying the perfect thing," says Niurka, whose new book is "Supreme Influence: Change Your Life With the Power of the Language You Use." But you can't exactly fake chemistry. We asked the guru for her advice on establishing that kind of connection with your boss, coworker or superior.

Be aware

The first thing is awareness: After all, you have to be self-aware enough to know when you aren't establishing a rapport with someone — or when you lose it. "Oftentimes people communicate too soon," she says. "They're so in tune with what they want to say rather than being totally present with the person and the situation."

Notice your target's body language, her breathing, her mood, and try to play off that.

Care about the bigger picture

When talking to a boss or supervisor, don't make it about you, you, you. "You have to authentically care about the bigger picture, not just your agenda," advises Niurka. "Before you go in, ask yourself not just 'What do I want?' or 'How can I get what I want in this conversation?' but 'What's important to this person, to this company as a whole?' or 'How can I show up in away that supports them so they know that I'm the best person for this job or task?'"

Ask questions

One important — and easy — way to establish rapport and show that you genuinely care about the other person's needs and concerns is to ask questions. "Say: 'I'm curious about what's working, or what isn't working,' in terms of a particular context — or, 'If you can change one thing in this department what would it be?'" suggests Niurka. "You want someone to get passionate and then connect on that point of passion: You don't want to be the one who's passionate and trying to sell them on it. You want them to have a buy-in."

One more thing

When you're going to an important meeting — whether it's one-on-one with your boss or giving a big presentation to a group of people — be clear on your intention, without attachment to outcome," says Niurka. "You don't want to get tunnel vision, so you've got to be clear about what is the essence of what it is that you're inspired to create or achieve, and then be open to all the different ways you can make that a reality.

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I'm too sexy for a job. ISTOCK

Why being super hot can hurt your career

At least if you're a guy.

ELODIE NOËL
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Bad news for any Don Draper or George Clooney lookalikes out there: A study has found handsome men have a harder time getting promoted than your average Joe.

While the opposite is true of women (who have an easier time the better-looking they are), dashing chaps are often discriminated against by men who feel threatened by their good looks.

Attractive men are preferred for roles that require cooperation (like R&D), but they are less likely to be promoted for competitive jobs, such as in sales departments, according to research from University College London's School of Management and the University of Maryland.

The same effect wasn't found for pretty women, since female attractiveness isn't necessarily associated with competence. Dr. Sun Young Lee, assistant professor of organizational behavior at UCL, says such results are indicative of the way physical stereotypes interact with gender stereotypes.

Through four experiments involving 870 volunteers, researchers presented participants with various scenarios in which they had to pick one candidate for a specific job. The candidates' CVs featured almost identical skill sets and qualifications for the role: The only difference was the photographs.

"Managers are affected by stereotypes and make hiring decisions to serve their own self-interests, so organizations may not get the most competent candidates," says Lee. "With more companies involving employees in recruitment processes, this important point needs attention. Awareness that hiring is affected by potential work relationships and stereotyping tendencies can help organizations improve their selection processes."

> *"Managers are affected by stereotypes and make hiring decisions to serve their own self-interests, so organizations may not get the most competent candidates."*
> Lee

Lee says engaging external representatives improves selection outcomes, as outsiders are likely to provide fairer inputs. "Also, if organizations make managers more accountable for their decisions, they'll be less motivated to pursue self-interests at the expense of the company," she says.

Marcus Antebi and Michael Karsch PROVIDED

Juice on the rocks, please. MIKE COPPOLA/GETTY IMAGES

My best advice: Juice Press' Marcus Antebi and Michael Karsch

How do you build a lifestyle brand when the feedback loop is unlimited?

RACHEL RACZKA
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rachel.raczka@metro.us

In 2010, former competitive Thai boxer Marcus Antebi found himself fed up with the lack of nonprocessed, cold-pressed juice options on store shelves and decided to open a tiny Manhattan retail space of his own, naming it Juice Press. With chairman and lead investor Michael Karsch, Antebi has since expanded the brand to 26 store locations and counting (a total of 29 are planned by the end of 2015).

Karsch, a Harvard Business School alumnus, and Antebi offer their best advice for the next generation of entrepreneurs — including how to deal with consumers who can be as opinionated and vocal as they are loyal.

If you're going to build a "lifestyle brand," make sure it fits your own lifestyle

Antebi recalls another juice shop owner he met when starting out: "The first thing he advised me was to build your categories and menu to fit your lifestyle. Don't chase after everyone else's lifestyle. You're your best consumer. That's what makes it authentic. And if you believe in it, spend every dollar in the world to make it work. Follow what fits into my own lifestyle, what I'm passionate about and what I wake up every day thinking about. It's not just money for the sake of money."

Embrace the growing pains — everyone's got them

"Professional growth is always inherently embarrassing," said Karsch. "If you want to progress in your career, you need to recognize that you need to expose yourself to failure and embarrassment, and if you don't do that you'll never move forward. I constantly try to believe I can get better and constantly try to listen to other people's perspectives."

Communicate with your outspoken local community, even if it costs you

"People feel like they have this relationship with us, and they feel entitled but in a good way," said Karsch. "Like, 'Hey I went to your store 300 times last year, I feel like I should be able to tell you what bothers me.' And that's very fair. But we try to be a big part of the community, too. Like in Boston, we'll say if you run [from 9 a.m-12 p.m.] on Saturdays and post a picture on Instagram [30 minutes in advance, with hashtags #willrunforjuice, #jprunclub and #juicepress], we'll give you a free juice ... even if it costs us money."

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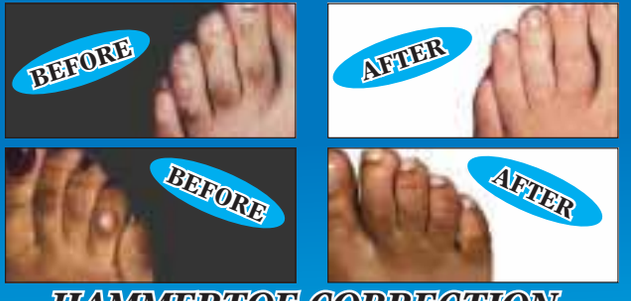

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It was all smiles for Brandon Marshall, right, and QB Ryan Fitzpatrick, left, on Sunday. GETTY IMAGES

Jets rumble over Titans

Gang Green took care of business Sunday at MetLife, thumping Tennessee, 30-8.

KRISTIAN DYER
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Fear the trim.

The New York Jets are now 3-0 since quarterback Ryan Fitzpatrick trimmed his beard, improving to 8-5 on the season with a 30-8 win over the hapless Tennessee Titans. Three first-half touchdown passes from Fitzpatrick keyed a strong start for the Jets, who scored 27 unanswered in the first half against a Titans offense that struggled to move the ball. Fitzpatrick finished 21 of 36 for 263 yards and three touchdowns. It was a balanced offensive performance from the Jets, who saw running back Chris Ivory top triple digits rushing for the third time this year. There were also strong performances from wide receivers Brandon Marshall, who had six catches for 125 yards and a touchdown, and Eric Decker, who had seven catches in the game for 74 yards.

With the win, the Jets have now won four of their last six games.

Here are three things we learned Sunday:

1 STRONG START

The Jets rolled out to a big lead, 27-0, by halftime. It was an impressive display in the trenches on both sides of the ball from Gang Green as they dominated the line of scrimmage. Muhammad Wilkerson had three sacks in the game, another statement for him in what has been one dominant performance after another. And on the offensive side of the ball, the line did a strong job in giving Fitzpatrick time to throw and find his targets down the field.

2 MARCUS WHO?

Titans quarterback Marcus Mariota may not have hit the proverbial rookie wall on Sunday, he just got hit by a wall. Time after time, the Jets got to the rookie quarterback, who was coming off one of his best performances of his young career last week. While he did have a touchdown — on a trick play as a receiver — Mariota's day was far from good. His numbers were lifted in the fourth quarter with a 51-yard link up with Harry Douglas to get the ball down to the Jets 34-yard line. But Mariota was then sacked three times on the next four plays, summing up the Titans' afternoon as they gave up the ball on downs.

3 PLAYOFF PUSH

Once 5-5 in late November, the Jets have run off three straight wins to go from outside the playoff picture to now being in the driver's seat for a wild card slot. They have a very winnable game at the Dallas Cowboys next week.

Giant ramifications in Miami

Odell Beckham Jr. and the Giants will take their 5-7 record into South Florida on Monday night to play the Dolphins (8:30 p.m., ESPN). For a full game preview, please see Metro.us. GETTY IMAGES

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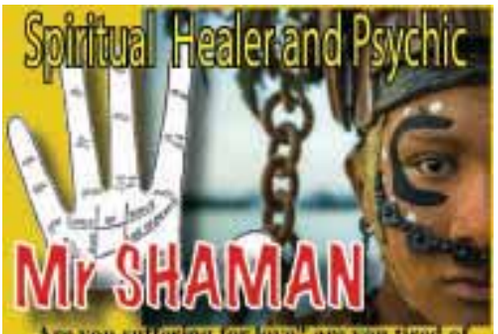

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Across

1 Hwy.
4 Little rascals
8 North 40 unit
12 Import car
13 Part of speech
14 Coach Don —
16 Rudely ignore
17 Chance to sing (2 wds.)
19 Top stories
21 Crater edge
22 Per —
23 — — moment too soon
25 Limp, as hair
27 Wheel cover
31 End a shutdown
35 Vocalist — Sumac
36 Jetties
38 Myanmar, once
39 Sardine holders
41 Water nymph
43 Baste, in sewing
44 "— la vista, baby!"
46 Aboveboard
48 Itty-bitty
49 Flocks of geese
51 Took back
53 Normandy port
55 Home furnishings
56 Zorro's disguise
59 Fair-hiring letters
61 Dryden works
65 Party streamers (2 wds.)
68 Europe-Asia range
69 Mr. Spock's forte
70 "I kid you not" comic
71 — May Clampett
72 Prefix for second
73 Fishtail
74 Caviar, actually

Down

1 Scream and shout
2 Under tension
3 On the wane
4 Washday challenge (2 wds.)
5 Once a bird
6 Happy rumble
7 Aquarium scavenger
8 Grill, maybe
9 Review (2 wds.)
10 Cartoonist – Goldberg
11 High spirits
12 FICA funds it
15 Louvre display
18 FitzGerald's poet
20 Sudden ouster
24 It's been — — pleasure!
26 Colo. neighbor
27 Ancient tales
28 Kayak cousin
29 Ball for Yvette
30 Basement appliance
32 Shrimp
33 TV show host
34 Ready to streak
37 More prudent
40 Tie holder
42 Photography pioneer
45 Wheel buy (2 wds.)
47 Falls behind
50 Leak slowly
52 Dispenser
54 Tide types
56 1150, to Livy
57 Elvis' middle name
58 Nintendo rival
60 Libra's stone
62 Woody's son
63 New England campus
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66 "Green" prefix
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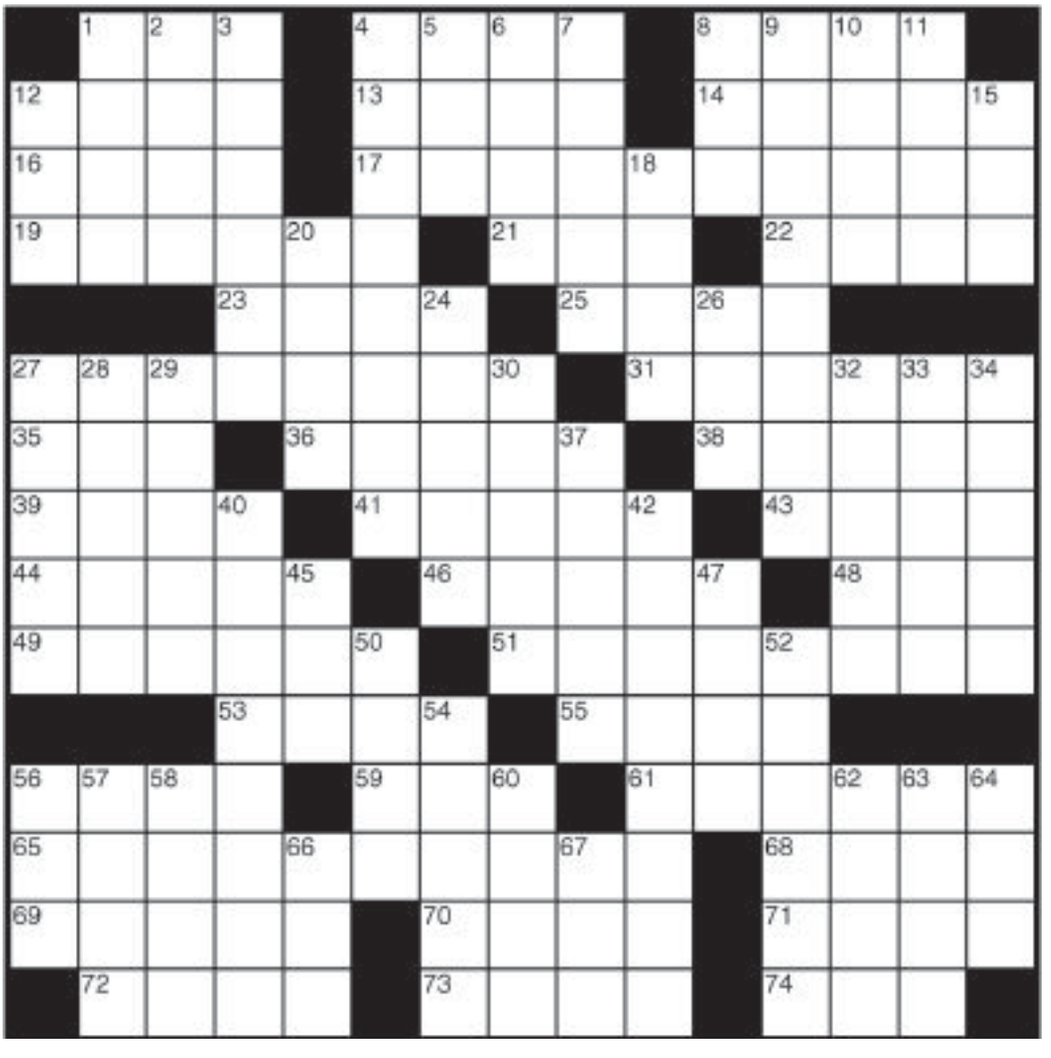

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Aries Speak up, but avoid being condescending. You will get much further ahead with intelligent, thoughtful responses.

Taurus Speak up and share your opinion in order to make headway. Love and romance will improve your disposition and living arrangements.

Gemini The less time you spend discussing your plans, the easier it will be to get things done without interference. Keep your life simple.

Cancer Take the road less traveled. No matter what you do, if you are unique and innovative in your pursuits, others will take notice and praise you.

Leo Emotional matters will confuse you. Listen to what's being said and weigh the terms or criticism you receive carefully. Consider your options.

Virgo Discuss your plans with someone you want to form a partnership with. A heartfelt display will lead to a collaboration.

Libra Even if someone begs you to offer advice, refrain from meddling. You'll be the one blamed for whatever transpires if you aren't careful.

Scorpio Be direct in your approach to handling both domestic and professional matters. A clear-cut view of your plans will help you avoid setbacks.

Sagittarius Don't send the wrong message. Be exact about your capabilities in order to make a good impression on someone who counts.

Capricorn Don't count on anyone but yourself when it comes to doing what needs to be done. Personal improvements will draw favorable attention.

Aquarius Don't let your overloaded schedule get you down. Take things one step at a time and don't let anyone put undue pressure on you.

Pisces When dealing with people who are secretive, take precautions. You won't get the answers you are looking for from others. EUGENIA LAST

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easy

			8	9				7
		1		3	6			
6			5		1	3		
	4	9				6		1
	1			6			8	
7		5				2	3	
		8	7		3			6
			2	4		7		
5				1	9			

hard

5		1	9			6		8
2			1	5				
					6	2		
			7	1				6
		7	2		5	9		
9				3	4			
		8	4					
				7	1			2
7		6			2	4		1

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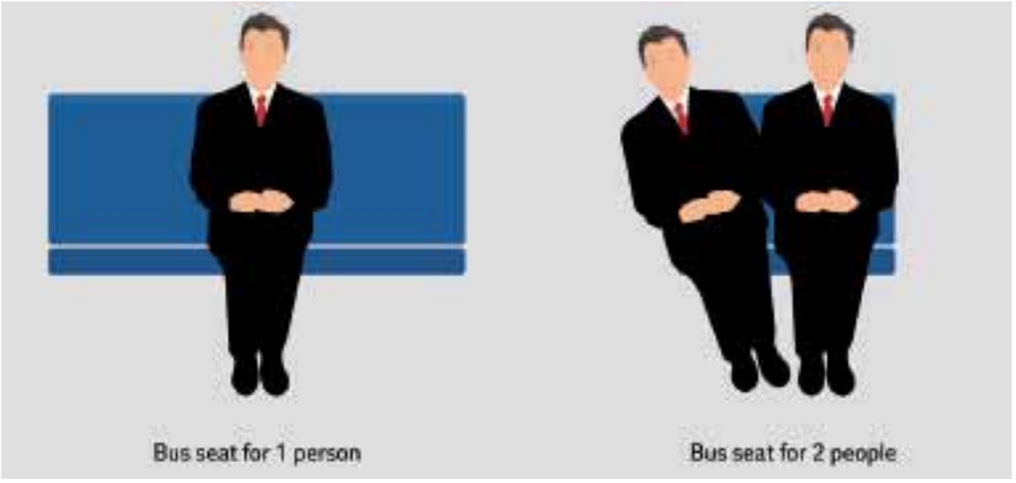

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